The man of life upright

Thomas Campion



1

The man of life upright, whose cheerful mind is free. From weight of impious deeds, And yoke of vanity

2

The man whose silent days, In harmless joys are spent. Whom hopes cannot delude, Nor sorrows discontent.

3

That man needs neither tow'rs, Nor armour for defence. Nor vaults his guilt to shroud, From thunder's violence.

4

He only can behold With unaffrighted eyes The horrors of the deep, And terrors of the skies.

5

Thus scorning all the cares, That fate or fortune brings, His book the heav'ns he makes, His wisdom heav'nly things.

6

Good thoughts his surest frinds, His wealth a well-spent age, The earth his sober inn, And guiet pilgrimage.

Book: 'First Book of Ayres'(c. 1613)

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