

W. Jay Sydeman

Into My Own Inner Being
for Two Sopranos (or Women's Choir)
and Cello
(1991)

Into My Own Inner Being was one of 52 weekly meditations given by Rudolf Steiner. I set them all to music and the Rudolf Steiner choir performed them first in San Francisco. The choir, being top-heavy with women, inspired this piece for soprani, alti and cello. It really is a kind of dialogue between the singers and cellist.

– W. Jay Sydeman, February 2016

W. Jay Sydeman's life mirrors the breadth and variety of his music. Born in New York in 1928 and educated at Manhattan's Mannes School of Music, he quickly became one of the most sought-after and honored composers of his generation, receiving commissions from such prestigious groups as the Lincoln Center for the Performing Arts, the Tanglewood Music Center, and the Boston Symphony, which premiered his orchestral work in memory of John F. Kennedy in 1966. "Sydeman uses a whole battery of far out techniques," wrote the *New York Times*, "but he has an uncanny ability to throw in the whole avant-garde machinery as if it were the simplest, most normal way of making music in the world ... More than many of his colleagues, he seems to know what will sound well, and he works for some remarkably attractive, pure textures. His sounds seem to grow from a physical sense of exactly what material is right."

In 1970, after a heady period that included awards from the National Institute of Arts and Letters, the Boston Symphony Orchestra and Library of Congress, Sydeman left New York – and composition – to begin a journey of personal and artistic exploration.

"Around 1980," he has written, "I returned to composition – at first a large number of choral works which reconnected me to the source of all music – the human voice. Out of this new lyric impulse have evolved all of my works since that time – more romantic, more accessible. I create music for the musician."

– Howard Hersh,
Artistic Director of "Music Now"

Sydeman is part of a composers' group in Nevada City annually producing the "Wet Ink Festival of New Music." He now lives in Mendocino and hosts a bi-weekly program on KZYX, "The Mind of a Composer," 10 am to noon on Mondays, introducing and commenting on contemporary music.

Duration: 6:00

To contact the composer:

Jeanne Duncan, Sydeman Archive Publications
707-962-0394
www.williamjaysydeman.com

Edited and engraved by Rick Shinozaki (Albany, CA), consulting with the composer.

Into My Own Inner Being

for Two Sopranos (or Women's Choir) and Cello W. Jay Sydeman (1991)

Text by Rudolf Steiner
(Calendar of the Soul #51)

Andante ♩ = c. 84

mp

Soprano I

In - to my own in - ner being — pour the rich - es of the sens - es.

Soprano II

pour the rich - es of the sens - es.

Cello

7

A

In - to my own in - ner

In - to my own in - ner

mp

13

being —

being —

poch. rit. - -

mp

f

18 *a tempo* **B** *mp* *poco rit. - -*

The cos - mic spir - it

The cos - mic spir - it

mp *mf*

23 *a tempo* **C** *f*

The cos-mic spir-it

The cos-mic spir-it

f *pizz. arco* *mf* *f* *f*

28 *poch. rit. - -* **D** *a tempo* *mf*

— finds it - self,

The cos-mic spir-it

— finds it - self,

The cos-mic spir-it

mf

33

finds it - self,

finds it - self,

solo

6
39

E
46 *mp*

The cos-mic spir - it finds it - self, the mir - ror

mp

The cos-mic spir - it finds it - self, the mir - ror

mp *mf*

F
53 *p*

im - age of my eyes the mir - ror im - age

p

im - age of my eyes the

58

im - age im - age of my eyes

mir - ror im - age im - age of my eyes

pizz. arco

63

the mir - ror im - age of my eyes.

pizz. arco

68 **Poco meno mosso** ♩ = c. 70

Out of that spir - it must these

poco sul pont.

72 **Tempo I** ♩ = c. 84

eyes cre - ate their forc - es a -

ord. *mf* *ff* 3

cresc. *cresc.*

76

new a - new.

mp